



St. Michael's C.E. (Controlled) Junior School

Church Lane East, Aldershot, Hampshire, GU11 3SS
Headteacher: Mrs Jenny Jones

Inspired by Him, we serve the community of St Michael's by creating an inclusive learning culture where all differences are respected, where courage is shown to face and overcome adversity, and resilience is embedded in our journey to success so we can be the very best we can be.

29th September 2025

Dear Parents / Carers,

YEAR 4: SWIMMING

Next half term Year 4 will go swimming as part of their National Curriculum studies. The children will swim at Aldershot Pool for half an hour every Thursday morning commencing **Thursday 6th November**, with the last session being held on **Thursday 18th December**. These swimming sessions will replace one of your child's PE lessons and are not optional.

The children will develop their water confidence, safety and ability to swim at three different levels of competence. Swimming instructors will assess the children on their first session and group them accordingly. Parents should be aware that the school staff will not be responsible for groupings during swimming lessons.

Please see below the Clothing and Safety requirements, as requested by Aldershot Pool. Your child will not be allowed to take part in the swimming lesson if they do not comply with the requirements.

PARENT VOLUNTEERS

We would be grateful for offers of help walking the children to / from Aldershot Pool.
Please let the School Office know if you are able to help.

Yours sincerely,

Year 4 Team

CLOTHING AND SAFETY (AS REQUESTED BY ALDERSHOT POOL)

1. Children should bring a small PE bag with their underwear, towel, swimwear and swimming hat. (Goggles optional but advised).
2. **All hair tied back and swimming hats must be worn by all children – this is a compulsory requirement from Aldershot Swimming Pool.**
3. NO jewellery is to be worn at all, including earrings.
4. No below the knee shorts or loose-fitting t-shirts. Swim rash vests can be worn.
5. Females are only allowed to wear a one-piece swimming costume – no bikinis / tankinis please.