



St. Michael's C.E. (Controlled) Junior School

Church Lane East, Aldershot, Hampshire, GU11 3SS

Headteacher: Mrs Kirsty Kingham

Inspired by Him, we serve the community of St Michael's by creating an inclusive learning culture where all differences are respected, where courage is shown to face and overcome adversity, and resilience is embedded in our journey to success so we can be the very best we can be.

3rd March 2026

Dear Parent/Carer,

YEAR 5 SWIMMING

Year 5 are going swimming as part of the National Curriculum. The children will swim at Aldershot Pool for half an hour every Thursday morning commencing Thursday 4th June, with the last session being held on Thursday 16th July. These swimming sessions will replace one of your child's PE lessons and are not optional.

The children will develop their water confidence, safety and ability to swim at three different levels of competence. Swimming instructors will assess the children during their first session and will group them accordingly. Parents should be aware that the school staff are not responsible for groupings during swimming lessons.

Please see below the Clothing and Safety requirements, as requested by Aldershot Pool. Your child will not be allowed to take part in the swimming lesson if they do not comply with the requirements.

- Children should bring a small PE bag with their underwear, towel, swimwear and swimming hat. (Goggles optional but advised).
- All hair tied back and swimming hats must be worn by all children – this is a compulsory requirement from Aldershot Swimming Pool
- NO jewellery is to be worn at all, including earrings
- No below the knee shorts or loose-fitting t-shirts. Swim rash vests can be worn
- Females are only allowed to wear a one-piece swimming costume – no bikinis / tankinis

PARENT VOLUNTEERS

We would be grateful if any parents/carers would be able to volunteer and help accompany a Year 5 group to and from swimming pool each Thursday. The times are:

Group 1: 9.30am-11.00am / **Group 2:** 10.00am-11.30am / **Group 3:** 10.30-12.00 midday

Please contact the School Office if you are able to volunteer, and confirm which group you can help out with.

Yours sincerely,

Year 5 Team